



## Tips and Suggestions

**Interior Wood:** Use a damp cloth or sponge to wipe any dust from the inside of the sauna. To clean the interior wood, use a solution of one part apple cider vinegar, and three parts water.

You may use the same ratio of vinegar and water to freshen up the interior of the unit any time you desire.

Remember, you never want to use anything on the inside of the unit that you are not willing to shut the door, turn on the heater, and breathe.

**Windows:** Clean exterior windows with a non-ammonia window cleaner or with clear water.

Always clean the interior windows with **clear** water only, a microfiber towel is suggested.

**Exterior Wood:** Exterior wood can be cleaned with any furniture cleaner/polish. In high humidity conditions, we recommend using a product like Scott's Liquid Gold.

### Assembly Videos



### How To Videos

